

Title of the Method / Exercise Class Council		Source / Contributor / Author Johan Tranborg
Short Description <i>Please provide a short summary (max. 500 letters)</i> Class council is the grassroots level of school democracy and the only joint meeting where all pupils can actively participate and exert influence over the school. It is a prerequisite for the student council and the rest of the school democracy to function, and pupil participation increases the desire to learn.		
Purpose <i>Explain the expected impact of the exercise in relation to wellbeing at school in short and simple words. (max. 500 letters).</i> To provide all pupils with the opportunity to practice democracy in action, strengthen their influence over their schooling, enhance their motivation to learn, and foster a sense of involvement in the development of the school.		
Use and learning outcomes <i>max. 5 Benefits achieved by using this method</i> • Develop the ability to ask questions and argue for one's views. • Understand and apply a democratic decision-making process. • Show respect for other people's opinions. • Gain practical training in meeting management. • Channel the class's thoughts and ideas forward to the student council.		
Frequency How frequently should this method be used? ☐ one-time ☒ repeatedly, specifically ☒ once, every second week ☐ several times a week ☐ once a month	Duration How long will it take approx. to carry out the method? ☐ up to 15 minutes ☒ 1 school hour ☐ 1 school day ☐ several school days	Target Group ☒ Students ☐ Teachers ☐ School Management ☐ Parents
Reference to Basic Need <i>Choose one or more Basic Needs</i> ☐ Belonging ☒ Power ☐ Freedom ☐ Security ☐ Fun	Reference to Quality Dimension <i>Choose one or more Dimensions</i> ☐ School culture ☐ Premises design ☐ Lesson design ☒ Classroom Management/Atmosphere ☐ Performance assessment ☐ Social interactions ☐ Self-care Competences ☐ Parent involvement	
Room requirements <i>Size of room, specifications, technical requirements (audio/video, ...)</i> No special room requirements		
Preparation <i>What needs to be prepared before the action? List all tasks needed to prepare the implementation of the exercise. (Print cards, handouts, read guidelines, etc.) List all materials needed. (Pens, colours, paper, ...)</i> <i>Which principles must be observed to achieve the greatest possible success?</i> • Put up a suggestions or agenda sheet/note in the classroom where pupils can continuously write		

down items they wish to raise at the next class council.

- Prepare an agenda to follow during the meeting.
- Remind the class of the purpose of the meeting and their chance to influence the school.

Time for preparation: *How much time is needed for preparation?*

Approx. 10–15 minutes to convene and structure the agenda.

Materials

List all the materials needed. If you are providing handouts, mention them here, together with the name of the document.

- Suggestions sheet / Notepad in the classroom for agenda items.
- Agenda (printed or written on the board).
- Paper and pen for taking minutes.

Sequence of Steps

Divide the exercise into meaningful units and explain the necessary steps. Add further steps in the template, if needed (not more than 5-6 steps in total).

Step 1 (Specify duration) Approx. 5 min	Introduction <i>Suggest the best fitting words to introduce the exercise and create a conducive atmosphere. Also refer to expected impact.</i> Introduction and creating a good atmosphere. Remind the class that this is their chance to influence their school and that pupil participation increases the desire to learn. Go through the agenda and select/review roles (chairperson, secretary).
Step 2 (Specify duration) Approx. 10 min	Describe step 2 Review of suggestions sheet & agenda Go through the items written on the sheet in the classroom by pupils during the week, as well as points from the previous meeting.
Step 3 (Specify duration) Approx. 15-20 min	Describe step 3 Discussion & Argumentation Pupils discuss current issues. They practice meeting management, arguing for their views, and showing respect for each other's opinions.
Step 4 (Specify duration) Approx. 10 min	Describe step 4 <i>Add further steps, if needed</i> Democratic decision-making process & Student Council issues Apply a democratic decision-making process (voting/consensus) for internal class issues. Formulate and collate the thoughts and ideas that the class's student council representative will bring to the next student council meeting.

Reflection (optional)

How can the participants reflect on the experience? You can suggest specific questions or a special method.

Afterwards, the class can briefly evaluate: "How did our meeting go today? Did everyone get a chance to speak, and did we listen to each other?"

Tips for implementation

What can promote the learning process, what should the trainer pay particular attention to?

Notes on other possible uses of the exercise (e.g. longer or shorter versions)

Cross-references to other exercises

- Ensure that the class council is prioritised regularly so it is not neglected.
- Always maintain a clear agenda and keep a sheet posted in the classroom for ideas so nothing is forgotten.
- Create a safe environment where everyone feels that their opinions are respected.

Further Readings / Links

Books, Youtube, websites, ...

Falkstad & Zackrisson, *Handbok för klassråd*, 2015)